

Formula 1

Healthy Meal

Nutritional Shake Mix

For healthy nutrition and weight management

- Nutrient dense meal or snack
- High-quality protein to satisfy hunger
- Good source of fiber
- 21 vitamins & minerals

french vanilla
natural and artificial flavor



NET WT: 26.4 OZ (750g)



Nutrition Facts

30 servings per container

Serving size

2 scoops (25g)

	Per serving	% DV*
Calories	90	
Total Fat	1g	1%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	95mg	4%
Total Carbohydrate	13g	5%
Dietary Fiber	3g	11%
Total Sugars	9g	
Includes Added Sugars	8g	17%
Protein	9g	18%
Vitamin D	6mcg	30%
Calcium	120mg	10%
Iron	3mg	15%
Potassium	265mg	6%
Vitamin A	270mcg RAE	30%
Vitamin C	27mg	30%
Vitamin E	4.4mg	30%
Thiamin	0.36mg	30%
Riboflavin	0.39mg	30%
Niacin	4.8mg	30%
Vitamin B6	0.5mg	30%
Folate	81mcg DFE (48mcg folic acid)	20%
Vitamin B12	1.4mcg	60%
Biotin	9mcg	30%
Pantothenic Acid	1.5mg	30%
Phosphorus	206mg	15%
Magnesium	126mg	30%
Zinc	3.3mg	30%
Selenium	10mcg	20%
Copper	0.35mg	40%
Chromium	10.5mcg	30%
Molybdenum	15mcg	35%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Soy Protein Isolate, Fructose, Cellulose Powder, Corn Bran, Artificial French Vanilla Flavor, Guar Gum, Calcium Phosphate, Potassium Chloride, Magnesium Oxide, Calcium Caseinate, Casein, Rice Fiber, Canola Oil, Soy Lecithin, Carrageenan, Medium Chain Triglycerides, Inulin, Silicon Dioxide, Ascorbic Acid, Licorice Flavor, DL-Alpha Tocopheryl Acetate, Natural Vanilla Flavor, Citrus Pectin, Ginger Root Powder, Honey Powder, Protease (from Aminogen®), Psyllium Husk Powder, Ferrous Fumarate, Blueberry Fruit Powder, Papaya Fruit Powder, Pomegranate Fruit Powder, Niacinamide, Retinyl Palmitate, Sodium Molybdate, Sodium Selenite, Zinc Oxide, Cholecalciferol, Bromelain, Papain Powder, Calcium D-Pantothenate, Copper Gluconate, Cyanocobalamin, Chromium Chloride, Biotin, Pyridoxine Hydrochloride, Folic Acid, Thiamine Mononitrate, and Riboflavin.

CONTAINS MILK AND SOY.

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Protein Drink Mix

Protein for energy and nutrition

- Nutrient dense snack or protein booster
- Sustains energy & satisfies hunger
- High protein
- 24 vitamins and minerals
- 1g of sugar*

vanilla
natural and artificial flavors



NET WT: 21.7 OZ (616g)



15g
PROTEIN

LOW
GLYCEMIC

Nutrition Facts

22 servings per container

Serving size

2 scoops (28g)

Amount per serving

Calories

110

	% DV*		% DV*
Total Fat 3.5g	4%	Thiamin	0.65mg 50%
Saturated Fat 1g	5%	Riboflavin	0.8mg 60%
Trans Fat 0g		Niacin	8mg NE 50%
Cholesterol 0mg	0%	Vitamin B6	0.7mg 40%
Sodium 350mg	15%	Folate	280mcg DFE (170mcg folic acid) 70%
Total Carbohydrate 5g	2%	Vitamin B12	1.8mcg 80%
Dietary Fiber 0g	0%	Biotin	100mcg 330%
Total Sugars 1g		Pantothenic Acid	3.6mg 70%
Includes 1g Added Sugars	2%	Phosphorus	390mg 30%
Protein 15g	30%	Iodine	52mcg 35%
Vitamin D	3.5mcg 20%	Magnesium	140mg 35%
Calcium	180mg 15%	Zinc	5.3mg 50%
Iron	6.3mg 35%	Selenium	25mcg 45%
Potassium	280mg 6%	Copper	0.8mg 90%
Vitamin A	530mcg RAE 60%	Manganese	0.7mg 30%
Vitamin C	21mg 25%	Chromium	36mcg 100%
Vitamin E	5.9mg 40%	Molybdenum	30mcg 70%
Vitamin K	28mcg 25%		

INGREDIENTS: Soy Protein Isolate, Non-Dairy Creamer [Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono- and Diglycerides, Potassium Phosphate, Calcium Phosphate, Soy Lecithin, Tocopherols (added to protect flavor)], Calcium Caseinate, Maltodextrin, Magnesium Phosphate, Natural and Artificial Flavors, Dextrose, Salt, Potassium Chloride, Calcium Phosphate, Soy Lecithin, Xanthan Gum, Guar Gum, Ascorbic Acid, Sucralose, DL-Alpha Tocopherol Acetate, Turmeric Oleoresin (added for color), Biotin, Zinc Sulfate, Retinyl Palmitate, Niacinamide, Reduced Iron, Copper Gluconate, L-Selenomethionine, Calcium D-Pantothenate, Phytonadione, Pyridoxine Hydrochloride, Potassium Iodide, Cyanocobalamin, Chromium Chloride, and Sodium Molybdate. **CONTAINS MILK AND SOY.**

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Nutrition Facts
Datos Nutrimientales

Serving Size • Porción: approximately 1/2 teaspoon • aproximadamente 1/2 cucharadita (1g)
Servings Per Container • Porciones por Envase: 60

Table with 2 columns: Amount Per Serving / Cantidad por Porción, and % DV* / % VD*. Rows include Total Fat, Sodium, Total Carbohydrate, and Protein.

* Percent Daily Values (% DV) are based on a 2,000 calorie diet.
* El Porcentaje de Valores Diarios (% VD) está basado en una dieta de 2,000 calorías.

INGREDIENTS: Maltodextrin, Orange Pekoe Extract (Leaf), Guarana Seed Extract, Natural Lemon Peel Flavor, Citric Acid and Natural Caffeine Powder.
INGREDIENTES: Maltodextrina, Extracto de Naranja Pekoe (Hoja), Extracto de Semilla de Guaraná, Sabor Natural de Cáscara de Limón, Ácido Cítrico y Polvo de Cafeína Natural.

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